



# HORIZONS

Vol. 38, No. 2

ST. SCHOLASTICA MONASTERY, Fort Smith, AR

June, 2009

## Sister Maria DeAngeli Installed as Monastery's Twelfth Prioress

Sister Maria DeAngeli was installed May 28 as the twelfth Prioress of St. Scholastica Monastery by Sister Joella Kidwell, president of the St. Gertrude Federation, according to the policies of LISTEN, the book of Norms which governs member monasteries of the federation.

The Most Rev. Anthony B. Taylor, bishop of Little Rock, officiated at the Eucharistic Liturgy during which the installation took place.

Elected for a term of four years by the chapter members April 19, Sister Maria succeeded Sister Cabrini Schmitz who has completed two four-year terms as allowed by the Norms. Sister Joella Kidwell, President of the Federation of St. Gertrude, presided over the election.

The election followed a three-day process of discernment led by facilitators Sister Cecilia Dwyer of St. Benedict Monastery, Bristow, Virginia and Sister Anne Stedman of Benet Hill Monastery, Colorado Springs, Colorado.

From April 16-19, Chapter members of St. Scholastica Monastery gathered to pray for guidance from the Holy Spirit, to gather information and prayerfully reflect on it, and come to some consensus in electing the monastic leader for a term of four years according to the monastery norms. Their goal was to elect a prioress who could help guide them in the direction of their 2020 Dream, and, more specifically, to achieve the goals in their Direction Statement 2009-2013.

Sister Maria, a native of Lake Village, Arkansas, is the daughter of the late Angelo and Lois DeAngelo, one of seven children. She has four brothers, Santo (deceased), Paul, Andy, and John; and two sisters, Dianne Sims and Regina Moyer. She entered St. Scholastica Monastery in 1949 and made her monastic profession in 1953. She holds a B.S. in Education from E. Central State University, Ada, Oklahoma and an M.S. in Pastoral Studies from Loyola University, Chicago, and has also studied hospice work, social work, and Spanish. She taught in Morrison Bluff, Conway, Russellville, and Fort Smith, Arkansas and Clear Creek, Missouri. She worked in parish ministry in Russellville, Crossett, and Helena, Arkansas. Within the monastery she has served as sub-prioress, formation director, and gift shop manager.



**Direction Statement**

To become a prophetic, contemplative,  
vibrant community  
by deepening our personal prayer and contemplation,  
by being a living Eucharistic community  
steeped in Benedictine values,  
that draws new members who decide to join us  
in our continuing search for God, and  
by exploring the possibilities of  
direct involvement with other cultures.



## A Message from the Prioress by Sister Maria DeAngeli, OSB

On Sunday, April 19, 2009, my Sisters of St. Scholastica Monastery called me forth on another phase of my pilgrimage with them as their prioress/leader for the next four years. These in between weeks I have thought and prayed about what being the prioress really means. I have spent time praying with chapters 2 and 64 of the Rule on what St. Benedict calls forth from the one who leads. He challenges the one chosen to be just and prudent, kind and merciful, loving and gentle. Above all the prioress is to be an example of obedience, humility, compassion, and forgiveness. There are some women who have gone before me in leadership, who have stepped out in faith and made a difference on whose shoulders I now stand. My hope is that I have learned from their examples of leadership.

We, the Sisters of St. Scholastica Monastery, have a vision for ourselves that we call 'A 2020 Dream.' It is a dream that will inspire us to continue to build a prophetic, contemplative, and vibrant community, steeped in Benedictine values and energized to reach out to the needs of the world and the Church. My deepest hope is that our dream/vision, as we pilgrimage together with the Gospel and the Holy Rule as our stepping stones, will become a reality.

A dream will inspire you when problems arrive.  
It will help you to conquer and cope,  
It will sing in your heart, it will shine in your eyes,  
It will color your world with hope.'  
- Anonymous

## In Loving Memory

Sister Norbert Hoelting, 95, former prioress of St. Scholastica Monastery, died Friday, March 6, 2009 at the monastery.

Sister Norbert was born in Nazareth, Texas, on March 5, 1914, to Henry and Elizabeth Hoelting. She entered St. Scholastica Convent in 1928; received her State Elementary teaching certificate in 1939; earned a B.A. in Spanish from Mount Mercy College, Pittsburgh, Pennsylvania, in 1944; and earned an M.A. in Religion from Notre Dame University, South Bend, Indiana, in 1956.

Sister Norbert taught twenty-six years in Arkansas Catholic schools. Thirteen of those years were spent at St. Scholastica Academy, where she served as teacher, prefect, and principal. She served the monastic community as formation director from 1959-67 and 1993-96. She was elected prioress on December 28, 1976, serving a four-year term.

During her career, Sister Norbert also worked at St. Thomas Aquinas Newman Center at the University of Arkansas, Fayetteville; at St. Michael Indian School in Arizona; and as administrator of St. Joseph Home in North Little Rock. For the past twelve years, Sister Norbert taught Scripture and Patristics to new community members, assisted as receptionist in the monastery office, and served on several committees.



Vespers was 7:30 p.m. March 9 at St. Scholastica Monastery. Her Funeral Mass was held at 10:30 a.m. March 10 at St. Scholastica Monastery.

Sister Norbert is survived by a brother, Norbert Hoelting and his wife Mary of Olpe, Kansas, and two sisters-in-law, Tina Hoelting of Nazareth, Texas, and Maurine Hoelting of California, numerous nieces and nephews; and the members of her monastic community. Her nieces and nephews served as pallbearers.

Memorial donations may be made to St. Scholastica Continuing Care Fund, P. O. Box 3489, Fort Smith, AR 72913.

Oblate Josephine Margaret Rufener Clifton, age 99, of St. Vincent, Arkansas passed away Tuesday, March 17, 2009. She was born August 8, 1909, in Visperterminen, Switzerland, a daughter of Martin Rufener and Celestine Stoffel Rufener. She was a homemaker, member of St. Mary Catholic Church, and the widow of Bill Clifton.

Survivors include her son, Norbert Clifton; four daughters, Sister Madeline Clifton, OSB, of St. Scholastica Monastery; Patricia Zimmerman, Mary Frances Gottsponer, and Jo Ann Craig; one sister, Mary Frances Goncher; fourteen grandchildren, sixteen great-grandchildren, six step-great-grandchildren, and two great-great grandchildren. She was preceded in death by two brothers and three sisters.

### Horizons

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## Development News by Sister Elise Forst



We were overwhelmed by your generous response to our fall appeal letter. In these frightening economic times, we expected less than in previous years, but we greatly underestimated your faithful support and care. You gave us about \$130,000 in response to the letter. Your gifts have been a great help to us as our investment income has taken a plunge. With your help, we have installed a new telephone system, which is serving us well and providing easier access to telephones. Two small rooms in the Infirmary have been turned into one large room. Sisters Adelma Pabst and Marie Rose DeSalvo are all settled in the room now. The workers are moving on to other Infirmary rooms that need renovating. We received enough large memorial donations to renovate about ten more rooms. Your generosity has also assisted us in hiring Gareth Pereira to take care of our computer and web-site maintenance. The new website is up, and our computer system is working well. Another focus of the appeal letter was a system of generators to provide some electricity when the power goes out. Ed Elkins, our maintenance supervisor, is looking into options, but no decisions have yet been made. The first priority at this time is getting our monastery re-roofed to prevent further interior water damage. When the new roof tiles arrive, the roofers will be here. We are hoping for some good weather so they can work quickly.

We remember you and your families in our prayer with hearts filled with gratitude.

### RETIRED BOARD MEMBERS HONORED AT DINNER

*L to R: Joe Nolte of Fort Smith, John Zeiler of Conway, and Frank Hiegel of Little Rock were honored at a dinner at the monastery on November 23, 2008. They were recognized for their many years of service and financial advice as longtime members of the Continuing Care Fund Board.*



### FOUR EMPLOYEES RECEIVE LONGEVITY AWARDS AT EMPLOYEE APPRECIATION DINNER

St. Scholastica Monastery honored four employees with longevity awards during its annual employee appreciation dinner on May 7th. Employees and their guests were treated to a delicious dinner of ham or brisket, stuffing, sweet potatoes, green beans, rolls, and strawberry tarts prepared by Sister Miriam Hoffman and her dedicated staff.

**Mildred Releford, Brenda Pereira, Janie Brown, and Linda Pinkerton**



Sisters Christine Eckart and Elizabeth Rossi joined Linda Pinkerton in a vocal trio, accompanied on piano by Don Harrison. Gene Blackwell sang several songs, including the ever popular *Auctioneer's Song*, bringing several members of the group to dance, and Ravi Thiagarajan told jokes.

Nursing supervisor Brenda Pereira and housekeeping staff members Linda Pinkerton and Janie Brown received certificates acknowledging their ten years of service. Housekeeping supervisor Mildred Releford received a certificate for fifteen years of service. At the end of the evening, the sisters extended their hands and blessed their employees in song.

**Nine Benedictine Sisters  
Celebrate 570 Years of  
Living in Community  
June 24, 2009**



**75 Years**  
June 24, 1934 - June 24, 2009

*Sister Cordelia Lange, OSB*  
*Sister Annella Reginelli, OSB*



**70 Years**  
June 24, 1939 - June 24, 2009

*Sister Herbert Huber, OSB*  
*Sister Xavier Perona, OSB*



**60 Years**  
June 24, 1949 - June 24, 2009

*Sister Audrey Becker, OSB*  
*Sister Andrea Loran, OSB*  
*Sister Brendan Siebenmorgen,  
OSB*



**50 Years**  
June 24, 1959 - June 24, 2009

*Sister Jo Ann Senko, OSB*  
*Sister Macrina Wiederkehr, OSB*

**Sister Cordelia Lange, OSB**, a native of Nazareth, Texas, spent her career as an elementary and secondary school teacher in Arkansas and Texas. She assisted in the monastery formation program for nine years. She now lives in the infirmary, participating in the ministry of prayer and joy, with lots of time for her favorite hobby, doing jigsaw puzzles with her sister, Sister Corinne. Reflecting upon 75 years as a Benedictine sister, she says, “I enjoyed my time and know that I made the right decision when I became a Benedictine sister.”

**Sister Annella Reginelli, OSB**, a native of Lake Village, Arkansas, taught elementary school almost 50 years and served as administrator of St. Joseph’s Orphanage, North Little Rock, for six years. When the orphanage became St. Joseph’s Home, Sister Annella assisted with daycare until the center closed. She now lives in the infirmary, participating in the ministry of prayer and joy, where she is known for her ready smile and kindly disposition. “I enjoyed my time as a sister very, very much,” she said. “I taught for 49 1/2 years, all grades, and now I have lots of time to pray.”

**Sister Herbert Huber, OSB**, who was born in Oedsbach, Baden, Germany, spent many years as an elementary school teacher and German translator. Following her retirement from teaching, she continued to tutor and serve as a chauffeur in the monastery. Sister Herbert, whose sister, Sister Rosarita, celebrated her 60th Jubilee last year, now lives in the infirmary and participates in the ministry of prayer and joy. She is an active participant in the twice weekly senior exercise class. When asked about her 70 years as a sister, Sister Herbert says, “I loved my 42 years of teaching. I appreciated seeing those little eyes excited about learning.”

**Sister Xavier Perona, OSB**, a native of Tontitown, Arkansas, enjoyed a long career as a nurse in community-sponsored hospitals. She also served as outpatient coordinator at the Veterans Administration Hospital in Fayetteville, Arkansas. After retiring from the VA, she came back to the monastery and was the nursing director in the monastery infirmary. Sister Xavier still actively assists in the monastery, caring for the altar linens and doing household chores. “I have had a very busy, fulfilling life as a sister,” she said. “I worked very long hours during my nursing career, but I am thankful to God for his graces and blessings. Being a sign of His presence in my patients’ times of need gave me a happy life.”

**Sister Audrey Becker, OSB**, was born in Barling, Arkansas. The sixty-year jubilarian taught for forty years in schools in Arkansas, Missouri, and Texas. Upon her retirement from teaching, she served as assistant director of the Retreat Center. Since 2001, she has served as monastery secretary. She enjoys swimming and doing jigsaw puzzles in her spare time. “When I think back over the 63 years I’ve been at St. Scholastica Monastery, it seems like a very short time,” Sister Audrey said. “It has been a fulfilling life and I am happy with my choice.”

**Sister Andrea Loran, OSB**, a native of Rhineland, Texas, was an expert in the culinary arts who spent her career preparing meals in many of the monastery’s institutions. Since 1997, she has been one of the core members of Hesychia House of Prayer, New Blaine, Arkansas. She characterizes her time as a sister as years of prayer and contemplation. “The values of St. Benedict are still shaping my life with simplicity and prayer,” she said. “In reciting the Suscipe: ‘Receive me, Lord, as you have promised, and I shall live, and disappoint me not in my hope,’ we see that He does not disappoint us, but bids us come to Him in loving trust. My life as a sister of St. Scholastica has been very fruitful and rewarding.”

**Sister Brendan Siebenmorgen, OSB**, was born in Morrison Bluff, Arkansas. Her aunt, Sister Benita Wewers, inspired and encouraged her to become a sister. She worked for 38 years as a health care professional in monastery-sponsored hospitals. Sister Brendan continues to work in the monastery as a companion to sisters living in the infirmary on doctors’ visits and when they visit the main dining room. “God has a plan for all of us,” she said. “I thank God every day that He gave me the inspiration to hear his call and the strength to continue His work.”

**Sister Jo Ann Senko, OSB**, was born in Slovactown, Arkansas. Her varied career included teaching, serving as prefect for boys in St. Joseph’s Home, serving as a hospital dietician, and doing social work for the Diocese of Amarillo. She now works in the monastery as a receptionist and volunteers at Sparks Medical Center, Fort Smith. Reflecting on her 50 years as a sister, she said, “This year I have come to learn about the close, caring God who is right with me, giving me the help and waiting for my responses. That is one aspect of God I have come to know and cherish.”

**Sister Macrina Wiederkehr, OSB**, a native of Altus, Arkansas, has had a varied career, working as an elementary school teacher, parish worker, and vocation director. She worked in the diocesan diaconate program and spent four years in campus ministry at the University of Arkansas Newman Center. Since 1985, she has been on the retreat center staff. Sister Macrina, the author of seven books on spirituality and a columnist for Little Rock Scripture Study Newsletter, is an internationally known retreat director. “As I prepare to celebrate fifty years of fidelity to the monastic way of life,” she said, “the image that comes to me is that of a comfortable pair of shoes that I have finally grown into. Community living has not always been a perfect fit for me. It has been a bittersweet struggle and I have often asked myself, ‘What am I doing here?’ Yet as I look around the circle of Sisters who have become my spiritual family I know this is my home and I am glad to be here. As I daily reflect on the Rule of Benedict I sense deeply that this way of living is for those who yearn for God. My living with a community of other seekers has nourished and deepened my desire for God.”

## Spiritual Director Formation Program Begins at St. Scholastica Center

**Spiritual Direction** is the act of walking with people as they make their journey with God, getting in touch with who they are as persons, made in the image and likeness of God, to be manifested in the love and respect they give to themselves and others.

This October, St. Scholastica Retreat Center will offer the first three years of a five year spiritual direction formation process. The initial group began the program in Fall, 2007, when they took the **Retreat in Daily Life**, a 30 week retreat based on the Spiritual Exercises of St. Ignatius. In Fall, 2008, they began the second step, **Introduction to Spiritual Direction**. This course presented the theory and skills necessary for spiritual direction and focused on the integration of personal spirituality with lived experience, cognizant of the centrality of the contemplative stance in direction. This fall, they will study **Spiritual Classics**, a variety of readings which provide an understanding of the spiritual journey spanning more than 1600 years. Discussion is done in light of the elements of spiritual direction ministry. The final two years will be **Practicum** years, during which students will immerse themselves in study and practice of spiritual direction ministry. Instruction, reading and supervision form the basis of year 4, while one directs an individual in the Spiritual Exercises. Ingoing reflection occurs through journaling, peer presentations and a discernment retreat. During Year 5, students will attend six classes at various times throughout the year, and participate in actual supervised direction of one or more persons.

Spiritual direction, in transforming the lives of those who participate in the process, has the potential to empower and renew our families, parishes, and communities.

The **Retreat in Daily Life** can still be taken on its own as a one year program. Each course meets from October through May.

Alice Nahas, a parishioner at Christ the King Church, Fort Smith, and a third year student in the Little Rock Theology program, working towards a Bachelor's Degree through St. Gregory's University, became interested in Spiritual Director Formation after working with her spiritual director, Father Tom Elliott. After completing the first two years of training, she said, "I have never been more rewarded by what I have gained. In the Spiritual Director training I have definitely learned how to be a better directee which will continue to help me grow in my relationship with God. I learned what I am not and what not to do as a director, which in many ways are directions for life within my community as a child of God in relationship with those whose lives touch mine. I have begun what I hope will be a life long service in a ministry to help others who look for the same assistance on their journey I received when my training as a director is complete."

To sign up for the **Retreat in Daily Life**, either on its own or as the first step in **Spiritual Director Formation**, call Sister Rachel Dietz or Sister Hilary Decker at the Center, (479) 783-1135, or visit [www.stscho.org](http://www.stscho.org).

## Sister Cabrini Honored at Transitional Party



*Sisters Maria and Cabrini*

The sisters hosted the party to thank Sister Cabrini and her staff for their service and to welcome Sister Maria, their new prioress. After dinner and a prayer service, the community gathered in the Chapter Room. Sisters Cabrini and Maria and their staff members were given symbolic gifts and entertained by their surprise guests.

From June 6 through December 31, Sister Cabrini will take a sabbatical at Hesychia House of Prayer to renew her spirit, punctuated with frequent visits to family and friends. The community of St. Scholastica sends prayers and good wishes to Sister Cabrini as she begins her sabbatical.

St. Benedict, St. Gertrude, St. Scholastica, and Mother Perpetua were just four of the distinguished guests in attendance at Sister Cabrini Schmitz's transitional party at the monastery May 24. St. Scholastica, played by Sister Dolores Vincent Bauer; St. Benedict, played by Sister Pierre Vorster; St. Gertrude, played by Sister Rosalie Ruesewald; and Mother Perpetua, played by Sister Madeline Clifton; offered sage words of wisdom to the retiring prioress.

The sisters hosted the party to thank Sister Cabrini and her staff for their service and to welcome Sister Maria, their new prioress. After dinner and a prayer service, the community



*At right, "St. Benedict" and "Mother Perpetua"*

## Three Things to Do on a Virtual Visit to St. Scholastica's Vocation Site:

**CHAT**  
**SEE**  
**VOCATION**  
**STORIES**

**READ**  
**BLOGS**

As vocation director for our monastery we invite you to come and visit us. How does one go about doing that? One might call, write or inquire through our monastery website. We have redesigned the vocation page on the website to make it more interactive, attractive and easier to use. We hope that young women may become potential monastic candidates by visiting our pages. We hope you like what you see. Although much work has been done, more is to come!

We currently offer on line chat for those who want to talk about vocations. It is a time for us to be present to those who inquire about our community and about becoming a member of our Benedictine life.

Our chat times are usually Tuesday evenings from 7:00 p.m. to 7:30 p.m. When we are on line we discuss everything--from what we do all day to what is the process to become a sister of our monastery. St Scho's chat is new and exciting for us. Eventually, we would like to have a large chat group here at St. Scholastica. The chat experience is easy to do. We have a web cam for those who have that capability so we can 'see and chat' with each other.

We have our community blog and so much more! We invite anyone who has a question about being a sister in our community to post their question to us by checking out our vocation web page today!

We offer our sisters' vocation stories on line as well. Ours are a bit unique in that we have put the stories to life. We have asked each sister to share her vocation call in her own words, and we have added photos to enhance the vocation telling experience. Please listen to these wonderful women of God as they share about God's call to them. After you have listened to a sister's story let us know what you think by visiting our guest book. We would love to hear from you!

*Sister Kimberly*

## Things to Do on a Hands-On Visit to St. Scholastica Monastery:

### Come and See Weekends

September 18-20, November 6-8,  
December 11-13, 2009  
Come and see what monastic life is  
all about.

### Consider Your Call

**Summer Discernment Retreat**  
July 9-13, 2009

Learn about Benedictine life and get  
to know the sisters and brothers. This  
event is co-sponsored with Subiaco  
Abbey.

### Try on the Sister Shoes

October 16-18, 2009

### Movies, Monastic Life, and Me Weekend

January 1-3, 2010

*Supper with  
the Sisters* *Shadow a Sister*  
**Observerships**

**Sister Kimberly Rose Prohaska, OSB**  
**Vocation Director**  
**(479) 783-4147**  
**vocationdirector@stscho.org**  
**www.stscho.org**

## St. Scholastica Welcomes New Oblates and Enrollees in 2009

On Sunday, May 17, twelve people made their oblation and eleven people enrolled in the Oblate program during Mass at St. Scholastica Monastery. The sisters held a brunch for the new oblates and enrollees following Mass, with entertainment provided by Sister Pat Bolling, Mary Adams, Nora Bryant, and Maryanne Meyerriecks. Pictured on the left are new oblates (L to R) Mary Louise Baier, Kathryn Birkhead, Julia Williams, Kathleen Moffett, Deborah Coddington, Brenda Stanley, Paula Howard, John Nichols and Kathy Jarvis. Lisa and Jon Simpson and Julie Hynes also made their oblation. New enrollees are Kathy Furstenberg, Barbara Padgett, Karen Munsil, Haymee Giuliani, Kendra Ballew, John Morgan, Christy Worsham, Ann Wiggins, Maryanne Meyerriecks, Dawn Scarbrough and Judith Hurt.



Photo by Magdalen Stanton, OSB



Photo by Magdalen Stanton, OSB

## NEWS BRIEFS

On March 3-7, Sisters Kimberly Prohaska and Pat Bolling attended the Heartland Vocation Meeting at Assumption Monastery, Ava, Missouri.

On March 19, several sisters attended a candlelight vigil sponsored by Justpeace to commemorate the 6th anniversary of the war in Iraq.

On April 23-28, Sisters Maria DeAngeli, Elise Forst, and Kimberly Prohaska attended the American Benedictine Formation Conference at Our Lady of Grace Monastery, Beech Grove, Indiana.

On April 26, Sisters Cabrini Schmitz, Pat Bolling, and Alice O'Brien attended the 40th Anniversary of Our Lady of Peace Monastery, Columbia, Missouri.

On May 7, Fort Smith Mayor Ray Baker honored Sister Cabrini Schmitz for her eight years of service as prioress by hosting a catered dinner at the monastery. Preschoolers from Jack and Jill Day School sang patriotic songs for the sisters. As usual, Mayor Baker brought flowers--beautiful arrangements for each table in the dining room.

*Horizons* received two first place awards at the Arkansas Press Women luncheon June 7. February, 2008 *Horizons* was named best 1 to 3 color newsletter, and October, 2008 *Horizons* was named best 4 color newsletter. Both newsletters will compete in the National Federation of Press Women contest at their annual conference in San Antonio, Texas, September 13-15.

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## CALENDAR OF EVENTS AND RETREAT SCHEDULE

- June 12-13 Letters of St. Paul  
Presenters: Sr. Therese Moreno, OSB and Clara Jane Rubarth
- July 31-Aug 2 Walking Barefoot on Holy Ground: The Essentials of Living Authentically  
Presenter: Paula D'Arcy
- Sept. 11-13 Let Go and Let God  
Presenter: Sr. Linda Fischer, ASC
- Oct. 2-4 Praying With the Poem of Your Life  
Presenter: Macrina Wiederkehr, OSB
- Oct. 30-Nov. 1 Fully Living the Second Half of Life: A Retreat to Reverse the Aging Process  
Presenter: Fr. Matt Linn, SJ
- Nov. 20-22 Soul Writing  
Presenter: Macrina Wiederkehr, OSB
- Dec. 3 A Journey With Isaiah and Mary in Preparation for Christmas  
Presenter: Sr. Maria DeAngeli, OSB

**For more information, or to register for a retreat, call (479) 783-1135 or visit <http://www.stscho.org>**

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