

# St. Scholastica Retreat Center

A ministry of St. Scholastica Monastery

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[www.stscho.org/retreat-registration/](http://www.stscho.org/retreat-registration/)

## Retreat in Daily Life

A 30-Week Retreat Based on

the Spiritual Exercises of St. Ignatius of Loyola

October, 2017 - April, 2018



### CONTACT PERSONS

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**Retreat in Daily Life (RIDL)** is the common designation of the 19th Annotation St. Ignatius of Loyola wrote into his Spiritual Exercises. These spiritual exercises evolved through St. Ignatius' own experience as he transformed from a soldier to a servant of our loving God. As you mirror his prayerful journey, following the life, teachings, death and resurrection of Jesus, you will prayerfully encounter a loving God and desire to become all you were created to be.

**FIRST STEPS:** If you are interested in RIDL, contact one of the facilitators listed to schedule an initial interview. Interviews will take place July 1 through August 31. The interview process is an opportunity for you to learn more about the retreat, to discern with a facilitator whether or not you are ready to make the retreat at this time, and to begin prayer practices that prepare a person for the retreat experience.

**FORMAT:** During the course of 30 weeks--from October through April--retreatants live their commitment to God, to themselves and to their fellow participants by following the steps of this prayer journey. Each retreatant commits to these three experiences:

- Daily private prayer, which includes Scripture, reflection, and journaling.
- Weekly small group meetings in which participants share their prayer experiences with each other. Groups are facilitated by a certified spiritual director.
- Twice monthly individual spiritual direction.

**FEES:** The fee for the retreat is \$70.00 per month. The stipend for twice-monthly Spiritual Direction is \$20.00 per session.

In keeping with the Rule of St. Benedict governing hospitality, those who have been blessed with more may wish to contribute more, and those who have less give less so that "all may be at peace in the house of God."

Individual 19th annotation retreat experiences will be considered upon request.

